



The Mother Road
Ride

presented by



Kami | my MS story

diagnosed 1995

Prior to 1994, I was a healthy gal – rarely sick, athletic and always on the go. However, I knew something wasn't quite right when I woke up one morning in November 1994 and noticed both my hands were completely numb.

Over the next several weeks, the numbness, tingling and tightness maneuvered from the tips of my toes to my chest. I was scared! I was seen by ten doctors, had several tests and three MRI's. All of which produced no answers, causing a lot of frustration.

During this time, I did my own research to figure out what was wrong with me. At one point, I was seen by an after-hours care resident physician who said he thought I may have multiple sclerosis.

I went to the library to learn as much as I could and find real answers (the internet wasn't yet born). Everything I read was what I was experiencing with my body. I stumbled upon a brochure from the National Multiple Sclerosis Society with a local phone number. That brochure changed my life!

The last of three neurologists I saw wanted to do one more MRI of my spinal cord to follow up on a symptom I had called Lhermitte's sign (an electric feeling you have while bending your neck). The MRI showed lesions. In February 1995, I was finally diagnosed with relapsing-remitting multiple sclerosis. I immediately plunged into the National MS Society for further answers, such as MS research, drug therapies and the programs the Society offered to people affected by MS.

My family and friends helped me by volunteering for Walk MS: Tulsa, Bike MS: The Mother Road Ride and numerous programs and activities provided by the National MS Society.

When I was first diagnosed there were only two disease-modifying drugs available. There are now 10 approved by the FDA. The National MS Society has poured millions of dollars into research to stop MS. And for that, I am very grateful.

I would like to thank anyone and everyone for helping in the fight to find a cure for MS. We would not be where we are today if it wasn't for your human compassion and driven efforts. Your efforts through donations of time and money have helped not only me, but 2.3 million others who are affected by MS worldwide. THANK YOU!



bike to
create a world
free of MS